

*St Kevin's School  
Pearse Street  
Sallynoggin  
Co. Dublin*



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*We are delighted to be one of only two schools in the country who offer ZUU Chimps to our pupils, every week, to every pupil in the school.*

*ZUU is a wonderful programme, that provides each pupil with a high intensity cardio programme, not more than a matter of minutes that provides for fitness, flexibility and friendship – it is, without question, one of the best programmes to run in any primary school in the country.*

*<http://www.primalxfitness.com/zuu-chimps/about/>*

*ZUU chimps has grown into a global incentive. Program sustainability is about empowering teachers with simple tools and techniques to creating the culture of inclusivity, social interaction, positive affirmation, discipline, respect, leading by example and fun physical activity. It tackles all major health, social and mental issues our youth is facing today and ZUU Chimps has the potential to provide children and adolescents with physical fitness as well as building resilience and strong psychological health.*

*It is a revolutionary idea to tackle ingrained generational and lifestyle challenges facing children and adolescents such as obesity and anxiety. ZUU Chimps can provide our children with a healthy alternative and an opportunity for physical, mental and emotional fitness.*

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School Website: [www.stkevinsns.net](http://www.stkevinsns.net)*